



TBHS Volleyball Information



Dear TBHS Volleyball Player/Parent:

As we rapidly approach summer vacation, we must begin to think about volleyball in the fall. Here are a couple of reminders for the upcoming volleyball season!! We are anticipating fielding a JV and Freshmen volleyball team.

- **Get a Sports Physical**
 - Get your sports physical completed before you show up to any conditioning day (July 27-29 and Aug 3-5, and tryouts (Aug. 9th and 10th). Physical needs to be uploaded to athlete check website.
 - All TBHS athletes need to be cleared online. No clearance, no participation.
- **Do Your Summer Workout**
 - You are expected to work out during the summer months. Download and print the [WORKOUT SCHEDULE](#). You should also be prepared to work hard when you return for the conditioning dates.
- **Check Your Email/Schoology**
 - Check your email and Schoology early July for upcoming season information.
- **Open Gym Over the Summer**
 - If we are able to have open gym over the summer we will send out an email and post on letting you know the dates and times.
- **Player Pack**
 - We are going to ask players to purchase a pair of game day spandex and two practice shirts for the season.
- **Fundraising**
 - All sports are self funded and do not get any money from the school. We will be running a fundraiser early in the season to help pay for tournament fees, equipment, and varsity uniforms (when we get there).
- **Interest Survey**
 - Please fill out this [interest survey](#)

If you have any questions, please contact Coach Zamora by email at ezamora@wpusd.org.

GO RHINOS!!!